

## **FRENECTOMY CONSENT AND POST-OPERATIVE INSTRUCTIONS**

Procedure planned:

- Laser upper labial frenectomy
- Laser lower labial frenectomy
- Laser lingual frenectomy

There have been no undesired side effects in our 8 years of experience in laser frenectomies, however there is always a negligible risk as documented in the literature concerning complications, such as:

- allergic reactions to local anesthetic shots, which can be mild to severe.
- As far as the procedure is concerned, undesired swelling, pain, or infection. Temporary but non-life threatening bleeding which may rarely persist for a prolonged period.
- Temporary numbness or limitation of movement of the tongue or the lip.

I, (the parent/guardian of) \_\_\_\_\_, fully understand the necessity of the above named procedure, as well as the risks involved. I hereby consent to have the treatment performed by Dr Chodree.

\_\_\_\_\_  
(signature)

\_\_\_\_\_  
(date)

After the procedure, the area will look like a large raw sore, however there is no need for alarm. There may be slight oozing of blood, but generally this stops within an hour. During this time, fold a piece of gauze over the wound and replace it if it gets soaked with blood.

It is important to keep the area clean. Once the area is less sore to the touch, you can apply gentle wiping motions to remove dead cells and bacteria from the wound.

**Lip exercises:** To gain most ground in reattachment, perform these stretching exercises: Over the next 10 days, at least three times a day, grab the lip and move it side to side and up and down. Pucker the lip and stick the tongue into the frenum area to stretch the severed attachment even more.